

## **Supplement Facts**

Serving Size: 1 Packet (21g) Servings Per Container: 30

	Amount Per Serving	% Daily Value *
	35	
Total Carbohydrates	8 g	3%
Sugar	6 g	t
Sodium	10 mg	<1%
Vitamin A (as retinyl palmitate)	5,000 IU	100%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as mixed tocopherols)	30 IU	100%
Thiamin (as thiamin hydrochloride)	1.5 mg	100%
Riboflavin (as riboflavin)	1.7 mg	100%
Vitamin B3 (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	2.0 mg	100%
Folate (as folic acid)	400 μg	100%
Vitamin B12 (as cyanocobalamin)	6 μg	100%
Biotin (as biotin)	300 μg	100%
Pantothenic Acid	10 mg	100%
(as calcium pantothenate)		
Calcium (as calcium citrate, calcium phosphate, calcium pantothenate)	150 mg	15%
Phosphorus (as calcium phosphate)	100 mg	10%
lodine (as potassium lodide)	75 μg	50%
Magnesium (as magnesium citrate)	40 mg	10%
Zinc (as zinc citrate)	1.5 mg	10%
Selenium (as selenomethionine)	14 μg	20%
Copper (as copper citrate)	0.5 mg	25%
Manganese (as manganese citrate)	1.0 mg	50%
Chromium (as chromium polynicotinate)	60 μg	50%
Molybdenum (as sodium molybdate)	37.5 μg	50%
Vanadium (as vanadium citrate)	5 μg	t
Inositol (as inositol)	100 mg	t
Apple Cider Vinegar	400 mg	t

## † Daily Value not established.

Other Ingredients: Water, Fructose, Citric Acid, Malic Acid, Natural Flavoring, Guar Gum, Xanthan Gum, Sodium Benzoate.



<sup>\*</sup> Percent Daily Values are based on a 2,000 calorie diet.