

Supplement Facts

Serving Size: 1 Packet (71g)

Servings Per Container: 18

	Amount Per Serving	% Daily Value *
Calories	180	
Calories from Fat	40	
Total Fat	4.5 g	7%
Saturated Fat	3.5 g	18%
Cholesterol	45 mg	15%
Total Carbohydrates	15 g	5%
Sugars	13 g	†
Protein	20 g	†
Vitamin B2 (as riboflavin)	0.85 mg	50%
Vitamin B3 (as niacinamide)	10.0 mg	50%
Vitamin B6 (as pyridoxine hydrochloride)	1.0 mg	50%
Pantothenic Acid (as calcium pantothenate)	5.0 mg	50%
Calcium	150 mg	15%
Phosphorus	275 mg	27%
Magnesium	20 mg	5%
Sodium	340 mg	14%
Potassium	170 mg	5%

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Water, Whey Protein Concentrate, Fructose, Medium Chain Triglycerides, Skim Milk, Cultured Skim Milk, Natural Flavoring, Citric Acid, Sodium Tripolyphosphate, Disodium Phosphate, Carrageenan, Sodium Benzoate, Potassium Sorbate, Sodium Propionate, Sodium Chloride, Nisin.